

Lesson Goal Learning Outcome <i>(specific/measurable)</i>	Date: _____	Number in class: _____
	Lesson duration: _____ _____	Class Level: _____
	Pool: Indoor / outdoor Heated / Cold	Pool Temp: _____ °C Pool Depth: _____
Introduction / Warm up activity		
	Teaching Points (phrases you use)	Equipment/Time/Organisation
Revision from last lesson		
Teaching Progressions		
Games/Conclusion		
Lesson Evaluation <i>"Have you achieved your lesson goal/objective?" (be honest and specific)</i>		

Certified By: _____

Date: _____